

January 11, 2012

Dear Parents,

It is time once again to gear up for our annual JUMP ROPE FOR HEART (JRFH) event. Here is the nitty-gritty...

- (1) It is NOT mandatory that your child participate in the fundraising portion of this event. If you would rather they not, that is understood and accepted.
- (2) Regardless of your child's involvement with raising funds for the American Heart Association, they WILL participate in the rope jumping activities scheduled for **Thursday, February 16th** (PreK-2nd) or **Friday, February 17th** (3rd-5th) during their regularly scheduled P.E. class time.
- (3) **Be a Cyber-Heart Hero**-sign up online at americanheart.org/jump. If your child is among the first 30 students to register AND send 10 emails they will receive a JRFH prize awarded in P.E. class by Coach Banks.
- (4) **DRESS DOWN DAY(S)**: Any student or employee that donates/raises \$15 will receive one dress down day. If \$40 is donated/raised, then they will be awarded **one week** of dress down days. (Dates to be determined by Administration).
- (5) Also, the class with the highest percentage of participation will receive a special treat.
- (6) We will have an "**Honor/Memory**" wall. If you know of someone who died from heart disease or a heart-related illness, your child may jump in their memory. Likewise, your child may jump in honor of an individual who is currently dealing with heart problems or has survived a heart surgery or heart-related issues.
- (7) I am still looking for some **INCREDIBLE volunteers** to help during the event with different "stations". No jumping required, I promise!! If you could *squeeze* us into your busy schedule for just 45 minutes, please email me at missy.banks@ccsconroe.org

Thank you for your time and attention to this matter. If you have any questions, concerns or suggestions, feel free to contact me at missy.banks@ccsconroe.org. I'm excited and looking forward to saving lives through JRFH.

Sincerely,

Coach Banks

Student's Name _____ Grade _____ Individual \$\$ Goal _____

Yes, I will be jumping...

- In Honor of _____
- In Memory of _____
- In Honor of _____
- In Memory of _____
- In Honor of _____
- In Memory of _____

PLEASE COMPLETE BOTTOM PORTION AND RETURN TO SCHOOL BY MONDAY, JANUARY 30th.

Do your part to save a heart and help us reach our school goal of \$11,000!